



# मित्र Foundation

सर्वे भवन्तु सुखिनः

Sarve Bhavantu Sukhinah

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## Annual Report of Jeevan Shakti Fund: April 2017 – March 2018

To,

All the donors, partners and other well-wishers

Dear Friends,

Mitra Foundation and Jeevan Shakti Fund completed 4 years in November 2017 and are now in the 5<sup>th</sup> year of its operations. Over the past 4 years, our endeavor had been to work with our beneficiary families to make them independent and self-sustaining. Last year, we were able to provide a few more options for our beneficiaries towards this. Some of our beneficiaries applied to HomeGuard department. We were also able to induct one of the beneficiary to Unnati for vocational training in Mysore. With a larger volunteer pool, we were also able to reach out to many more beneficiaries. This was in addition to consolidating our primary objective to provide holistic support (social, financial, educational and emotional) to the beneficiary families.

Just like previous years, our domain of work during the last year continued to focus on the following areas.

1. **Counseling:** For the beneficiaries who do not have support from their near family members, we provide counseling at individual as well as family level. Emotional support is key to help beneficiaries move forward in life instead of staying occupied with the past thoughts and trauma of losing their family members. Most often beneficiaries need a helping voice who can guide them in the right direction to become self-reliant. The key areas where our team has advised and offered guidance are as follows:
  - a. Active guidance regarding the right educational choices including the appropriate choice of schools. As part of this, we had organized a session for beneficiaries on RTE, so that they can take full benefit out of this government policy.
  - b. Vocational training which will enable beneficiaries to sustain themselves by skill addition or skill enhancement.
  - c. Employment opportunities which beneficiaries can consider to sustain themselves.



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As a part of our endeavor towards counseling, we organized an annual meet-up event Jeevan Shakti Manch. This is covered in a separate section later.

## 2. Enabling Employability (self or external):



Helping the beneficiary families to be self reliant has been one of the prime endeavors of the Jeevan Shakti initiative. We provided sewing machines to few beneficiaries and were very happy to see them use it gainfully to augment their skills and thereby enhance their means of earning livelihood.

Three of our beneficiaries applied to Home Guards. This was facilitated through an interaction between our beneficiaries and the commandant of Home Guards, Shri Amarnath.

3. **Education support and continuation:** In most cases, the beneficiary families find it difficult to continue the education of their children due to lack of sufficient financial resources. Jeevan Shakti Fund supports the education of children for the affected families by financing school and college education upto PUC. We are happy to announce that during this duration, 2 students successfully cleared their PUC exams. So far we have supported education upto 36 academic years considering all the beneficiaries. Knowing that education is single gateway by which beneficiary families can achieve a difference, we pay significant attention on this aspect.



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4. **Basic Sustenance support:** In the immediate aftermath of the breadwinner's passing away, Jeevan Shakti fund helps the beneficiary families by providing basic groceries for the first few months. This gives the families an opportunity to get on their feet either by way of looking for potential employment opportunities without worrying about day to day needs.



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In all interactions so far with the beneficiary families, we find them very keen to improve their standard of living using the abovementioned support. We expect this to continue as we plan to provide more opportunities to such families. We describe some of the other key events organized during this duration by Mitra Foundation as part of Jeevan Shakti Fund initiative in the following sections.

## **Jeevan Shakti Manch – 2017**

The 4<sup>th</sup> edition of Jeevan Shakti Manch was held at Bangalore Hospice Trust, Karunashraya, on 23<sup>rd</sup> July, 2017. This is a forum where all stakeholders of Jeevan Shakti Fund meet, interact and share their experiences with the goal to continuously enhancing the impact of this initiative. The beneficiaries meet each other and experience sharing enables them to draw inspiration and courage from their stories. This time we invited around 19 beneficiary families for this event. After the introductory formalities we asked the beneficiary families to share their experiences.

We had two invited guest speakers. Mr Amarnath, District Commandant, Home Guards Bangalore, spoke about Home Guard organization and the process of getting employed there. This talk was very useful to our beneficiaries and many of them expressed interest in joining this organization.

The second speaker was Dr Renuka Vishwanath, who spoke about RTE (Right To Education). RTE enables the beneficiary children to avail free education.



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*Mr Amarnath*



*Dr Renuka Vishwanathan*



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*Mitra Foundation Volunteers @ Manch*



*Jeevan Shakti Family (Beneficiaries, Counselors, Volunteers)*

## Shakti Smaran Divas – 2018

Shakti Smaran Divas is the day of the year when we remember Shakti, our beloved friend, who left us on Mar 5<sup>th</sup>, 2013. We spend this day interacting and entertaining the cancer patients or the caretaking staff. Idea is to provide relief to them from their stress. On Mar 4, 2018, we conducted a program by First Drop Theater group in Karunashraya. This was a live program conceptualized and performed by this group. We also distributed a few gifts to patients and staff and also gave a token of our appreciation to the counselors at Karunashraya.



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First Drop Theater group performing in front of patients, families and staff of Karunashraya.



Mitra Foundation Volunteers presenting a token of appreciation to Counselors at Karunashraya



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The next chart shows the different domains in which we provided help to the families with whom we have been working.

Opp No.	Name of Prime Beneficiary(ies)	#children	Sustenance	Education Supt (# of Acad years)	Couselling Emotional Help	Vocational Help	Health/ Medical Support
2	Farheen/Faseeha	1		3	Y	Y	
4	Nirmala	1		4	Y		Y
7	Parimala	2	Y	4	Y	Y	Y
8	Roopa	1		4	Y		
11	Naveena	3		4		Y	
14	Pushpamani	1		4			
15	Vishalakshi	2		3			
17	Vennila	2		3	Y		
19	Tejaswini/Prashant	2		3	Y	Y	
23	Shyamala (Ruben)	3		2	Y	Y	
24	Manjula(Maruti Prasad)	2		2	Y		
26	Neetu Mishra	3	Y	2	Y	Y	
31	Padmaja	2		2	Y		
34	Vijayarani	2		2	Y		
35	Deepa	2		2	Y		
39	Sayed Afsar's son (Abdullah)	1	Y	2	Y		
40	Lalitha	2		1			
42	Gowramma	2		1			
44	Saraswathi (Bhanu)	4		1			
47	Saraswathi(Jyot hilakshmi)	2		1			
48	Pushpalatha	2		1			
55	Vijayalakshmi(Cheluvraj)	2	Y	1			
56	Lakshmi(Gopal)	2	Y				





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## Financial Summary (Jeevan Shakti Fund) for the duration April 2016 – March 2017

The split of the expenses is as follows.

